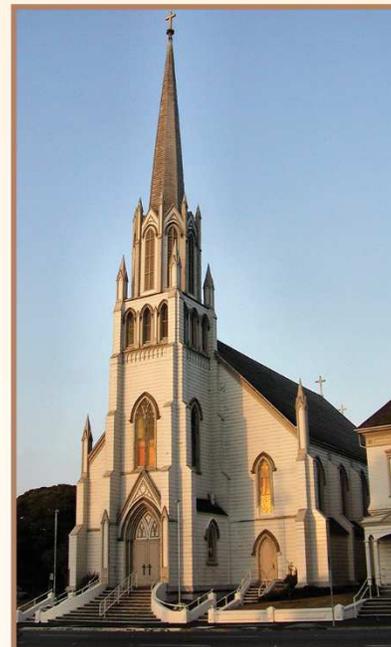
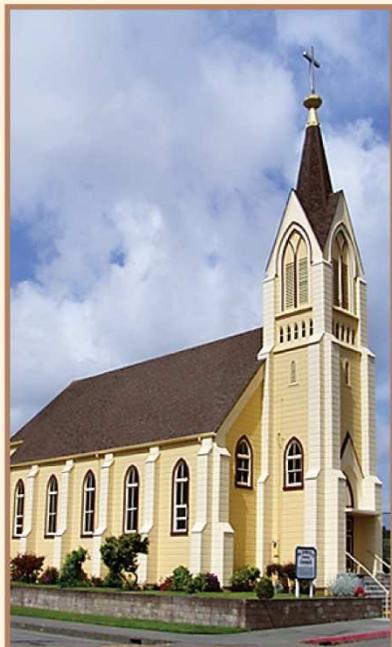


The Catholic Parish of St. Bernard

615 H St. Eureka, CA 95501 (707) 442-6466



February 21, 2021
First Sunday in Lent

St. Joseph Mission Church Mass Schedule

(Located on the corner of C & Henderson St.)
Saturdays: 4:00 pm. (vigil), Sundays: 7:30 am.
Weekdays: Tuesdays & Thursdays 7:30 am.
Holy Days: 7:30 am
Confessions: Saturdays 3:15-3:45 pm & by appt.
Exposition of the Blessed Sacrament: Wed. 3:30-8:30 pm

Mass Schedule at St. Bernard

Sundays: 10:30 am
Weekdays: 12:15 pm. Mon, Wed, Fri
Holy Days Vigil: 12:15 pm, 5:30 pm
Confessions: Wednesdays 1:00 pm & by appointment
First Friday Devotion 5:30 pm to 8:00 pm
Exposition of the Blessed Sacrament: Wed. 1-2 pm

Parish Staff

Rev. Bernard D'Sa, SFX, Pastor 443-8429
Rev. Rowell Gumalay, MOP, Parochial Vicar 443-8429
Rev. Mike Cloney, Retired, in residence
Deacon Frank Weber, 442-5615
Deacon W. Dance Farrell, 442-2233
Deacon Tony Viegas, 442-2232

Cathy, Office Manager, 442-6466
Illeen, Bookkeeper, Ext. 1102
Kim, Children Faith Formation, 442-2233
Fritz, Maintenance, 442-6466
Dianne, RCIA, 442-8812
Toni Lee, Prayer Line, 445-3616 (24/7)
Mikelyn, Rebecca, Music, 442-1695

Office Hours: Monday - Thursday, 8 a.m. - 2 p.m.—Friday 8 a.m. - Noon

Fax: (707) 443-0914 Email: office@saintbernards.org www.saintbernards.org

February 21st, 2021 – First Sunday of Lent



The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." -Mark 1:12-15

What Is Lent?

Ash Wednesday was a few days ago, starting the Lenten countdown toward Holy Week and Easter. But maybe some of us are not completely clear as to why these weeks of preparation are there in the first place.

One opinion is that Lent is a time to deprive yourself. You give up candy or smoking or desserts or heavy meals or ... well, choose your favorite and then give it up. These are part of Lenten practice.

Lenten deprivation gave birth to Mardi Gras (literally meaning "Fat Tuesday"). In contrast to the toughness of Lent. Mardi Gras, at least in non-covid-19 years, had you eat all the fat you could, parade around in costume, go wild. The public usually does not recall that Mardi Gras has something to do with what is to them a quaint old practice, Lent. But that sharpens the question: what have they or we forgotten about Lent and its practices?

Well, what if we described Lent as a "Retreat"?

A Retreat, in Catholic and other religions, is a space of days taken out to pray and to be with the Lord. Often one goes to a retreat house to do these. In St. Louis, for instance, there is a beautiful place called "White House"—different from the one for the president—which has a stunning view of the Mississippi River. For many decades Jesuits have preached retreats there every weekend and sometimes during the week. Sizeable groups of men or women stay for two or three days to meditate, listen to talks, and refresh their spiritual lives.

I am not saying that you should disappear to the nearest retreat house for the five weeks of Lent. But what about letting each Lenten day partake of certain retreat practices? For instance, what about setting aside a little time each day to let your insides settle down for a while, to create a space within you to welcome God. Maybe set up a special place in your home or someplace else just to pray. How about a picture or crucifix or maybe a candle? Or just 10 minutes of silence?

And why not use some time to read in advance the gospel from the upcoming Sunday Mass? Sit down, read

it slowly, and let the scene described take place within your heart and mind. This week you could ask Jesus how it felt to have the Spirit drive him into the desert, as described in this week's [Gospel](#).

The point? Let the Lord's loving deeds be your motivation for "giving up" anything during Lent. Make a gift of gratitude to God—rather than just refraining from something or other. How does any of this prepare you for Holy Week and Easter? By doing exactly what Jesus does when he makes of himself a gift consisting of suffering and death. He is returning a gift of love to the Father. Lent prepares us to witness this reality of our savior. -John Foley, SJ

Readings This Sunday

Reading I: Genesis 9:8-15

Reading II: 1 Peter 3:18-22

Gospel: Mark 1:12-15

Readings For Next Sunday

Reading I: Genesis 22:1-2, 9a, 10-13, 15-18

Reading II: Romans 8:31b-34

Gospel: Mark 9:2-10

Finance / Stewardship Collection: The plate last weekend was **\$1,645** and Building & Maintenance was **\$475**.

HOLY COMMUNION INFO There are many faithful Catholics who participate in the Holy Mass virtually due to the pandemic. Keeping in view the pastoral aspect, the Bishop has granted permission to the Priests of the Diocese to distribute Holy Communion to these faithful Catholics. Therefore, if you participate in the Holy Mass virtually and want to receive Holy Communion thereafter, you may call the priest at 707-800-2699 and schedule a time to come by the parish to receive the Holy Eucharist.

Religious Education will remain with at-home instruction for the remainder of the 2020/2021 education year. While it was our hope to be able to resume normal classes by now, the constant changes in tiers and regulations make this extremely difficult. Catechists will continue to be available after Masses the first weekend of every month, but feel free to call 442-2233 or email sacredsaintccd@gmail.com if you need help. For those eligible for First Holy Communion or Confirmation, these Sacraments will be given at normal Masses individually or in small groups.

When your child has completed their text, please call us to schedule an interview with your family to make sure they are prepared and set everything up. The Bishop has given faculties to Fr. Bernard for Confirmation through June, so please be sure to schedule early for Confirmation this year.

Eureka Holy Mass Intentions

Saturday 20

4:00 pm St Jo Judy Giannini †

Sunday 21

7:30 am St Jo Mass for the People

9:00 am SH John Chapman †

10:30 am SB Kevin Dellabalma †

12:15 pm SH Michael Cesario † (Sp)

Monday 22

12:15 pm SB Marilyn Keating †

Tuesday 23

7:30 am St Jo Marivic Aguiler Int.

Wednesday 24

12:15 pm SB Darrell Keating †

6:00 pm SH Adoration & Confession

7:00 pm SH No Intention (Sp)

Thursday 25

7:30 pm St Jo Filipina Aguiler Int.

5:30 pm SB Adoration & Confessions

Friday 26 Stations of the Cross: After 12:15 Mass

12:15 pm SB No Intention

1:00 pm SB Stations of the Cross

5:30 pm SH Stations of the Cross

7:00 pm SH Station of the Cross (Sp)

Saturday 27

3:15 pm St Jo Confessions

4:00 pm St Jo Richard Kerr †

Sunday 28

7:30 am St Jo Mass for the People

9:00 am SH Dorothy & Richard Stipovich †

10:30 am SB Emilie Patton Int.

12:15 pm SH Craig Perrone † (Sp)

Please pray for: Barbara, Shawn, Laurie Moralez, Marilyn Ziblich, Monika Rose Cleenewerck, Chad Kryla, Basil & Santos Mainus, Harold Giacomini, Chet Branum, Florence, Garrett Anderson, Isela Adams, Lindy Timmerman & Family, Mary James, Dave Silverbrand, John Bertain, Denise Sledge, James Iron Shell, James Lemon, Wm. Hahn Family, Rose Ann Hurst, Armado De Los Santos, Judy Mill, Julia Walters, Connie Mather, Steve Mill, Fred Pepper & Family, Erin Ford, Paul Shabata & Family.



40 Days For Life Feb. 17- March

28 You can protect mothers and children by joining this worldwide mobilization of prayer, fasting,

peaceful vigil and community outreach. The Vigil location is on the corner of Walford Ave, and Wilson St.near

Planned Parenthood in Eureka. Vigil hours are 7am-7pm Daily. Local contact is Stephanie 707-7758 or 40DaysForLife.Humboldt@gmail.com Please visit: 40daysforlife.com/Humboldt to sign up for peaceful vigil 1 hour time periods or to learn more. Thank you for standing for God's great gift of life!

2021 Lent and Lenten Regulations

The current discipline is as follows:

Ash Wednesday and **Good Friday** are days of **fast** and **abstinence**, that is, limited to a single, full meal and abstinence from meat.

The other Fridays of Lent are days of **abstinence** from meat. The law of **fasting** permits only one full meal a day, but it does allow the taking of some food in the morning and a second light meal at noon or in the evening, as you prefer. Persons who are 18 years old through 60 years old year are obligated to fast.

The law of **abstinence** from meat applies to all persons who of are 14 years old and older.

However, it is highly recommended that children from ages *seven* to *fourteen* years also follow the law of **abstinence** All Catholics are encouraged to receive Holy Eucharist frequently during Lent and to receive the Sacrament of Penance so that all may be prepared to celebrate more fully the paschal mystery. Those who have received their first Holy Communion are to receive Holy Communion during the Easter season. The determination of these days of obligatory penance, as listed above, should not be understood as limiting the occasions for Christian penance. This penance is to help us see and shorten the distance between our present lives and the life God wants for each of us. "Penance should not be only internal and individual but external and social."

Be Informed About What the Pregnancy Care Center offers, so you can talk about it when you hear of someone in need of their services.

The Pregnancy Care Center offers compassion, direction, and hope to those facing life decisions. All services are FREE and CONFIDENTIAL:

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- *Healthy relationships education
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- 24/7 Option line: 800-712-4357
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 American Bible 

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