

The Catholic Parish of St. Bernard

615 H St. Eureka, CA 95501 (707) 442-6466



St. Joseph Mission Church Mass Schedule

(Located on the corner of C & Henderson St.)

Saturdays: 4:00 pm. (vigil), Sundays: 7:30 am.

Weekdays: Tuesdays & Thursdays 7:30 am.

Holy Days: 7:30 am

Confessions: Saturdays 3:15-3:45 pm & by appt.

Exposition of the Blessed Sacrament: Wed. 3:30 -8:30 pm

Mass Schedule at St. Bernard Church

Sundays: 10:30 am

Weekdays: 12:15 pm. Mon, Wed, Fri

Holy Days Vigil: 12:15 pm, 5:30 pm

Confessions: Wednesdays 1:00 pm & by appointment

First Friday Devotion 5:30 pm to 8:00 pm

Exposition of the Blessed Sacrament: Wed. 1-2 pm

Parish Staff

Rev. Bernard D'Sa, SFX, Pastor 443-8429

Rev. Rowell Gumalay, MOP, Parochial Vicar 443-8429

Deacon Frank Weber, 442-5615

Deacon W. Dance Farrell, 442-2233

Deacon Tony Viegas, 442-2232

Msgr. Gerard Brady, Retired, in residence

Rev. Mike Cloney, Retired, in residence

Cathy, Office Manager, 442-6466

Illeen, Bookkeeper, Ext. 1102

Kim, Children Faith Formation, 442-2233

Fritz, Maintenance, 442-6466

Dianne, RCIA, 442-8812

Toni Lee, Prayer Line, 445-3616 (24/7)

Mikelyn, Rebecca, Music, 442-1695

Office Hours: Monday - Thursday, 8 a.m. - 2 p.m.—Friday 8 a.m. - Noon

Fax: (707) 443-0914

Email: office@saintbernards.org

www.saintbernards.org

March 1st, 2020 – 1st Sunday of Lent



“One does not live on bread alone, but on every word that comes forth from the mouth of God... The Lord, your God, shall you worship and him alone shall you serve.” - MT 4:1-11

This past week my cell phone was loaded with many video and image texts that were shot in my home state of Goa. The content was the “2020 Carnival Celebration.” We inherited this tradition from the Portuguese. Being a Catholic state the carnivals are very modest. They consist of three days of celebration where individuals “eat, drink and make merry.” Colorful floats and parades are taken out on the streets. It is a treat for the eyes. After three days of celebration everyone ushers in the Season of Lent and the curtain is drawn over big celebrations until Easter.

We began our Lenten Season on Ash Wednesday. It is the Church’s “Day of Atonement.” It has its roots in the Jewish practice of doing penance by wearing sackcloth and ashes.” During Lent we observe fasting and abstinence and do penance. True fasting is *tearing one’s heart* and returning to God with true repentance for one’s sins (John 2:13). Fasting reduces the excessive accumulation of “fat” in our souls in the form of evil tendencies and evil habits (spiritual obesity). It gives us additional moral and spiritual strength. It encourages us to share our food and goods with the needy.

We are to lead a life of penance during Lent. It is the model given by Christ to His followers. He taught, by His very example, the meaning of following Him with our crosses and entering through the narrow gate. During Lent we reflect on our own personal crosses and carry them with our Lord, as a sign of our penance and our love for Him, thus giving meaning to the crosses of life. Penance removes the weakness left by sin on our souls, as it pays the temporal debt caused by sin and makes our prayer more fruitful.

We all resolve at the commencement of Lent, with God’s help, to make our lives much holier. We commit ourselves with good intentions and hearts to do positive and holy acts during Lent; thus, taking responsibility for our spiritual growth. Lent is much more than just following the prescribed rules. It is a holy season of transformation where we are to become more Christ-like in our own little ways.

May you have a holy spiritual journey with the Lord during these forty days of Lent. God bless you...

- Fr. Bernard

2020 LENTEN REGULATIONS FOR THE DIOCESE OF SANTA ROSA

The current discipline is as follows:

- Ash Wednesday and Good Friday are days of fast and abstinence, that is, limited to a single, full meal and abstinence from meat.
- The other Fridays of Lent are days of abstinence from meat.
- The law of fasting permits only one full meal a day, but it does allow the taking of some food in the morning and a second light meal at noon or in the evening, as you prefer. Persons who have completed their eighteenth year to the beginning of their sixtieth year are obligated to fast.
- The law of abstinence from meat applies to all persons who have completed their fourteenth year of age. However, it is highly recommended that children from ages seven to fourteen years also follow the law of abstinence.
- All Catholics are encouraged to receive Holy Eucharist frequently during Lent and to receive the Sacrament of Penance so that all may be prepared to celebrate the paschal mystery. Those who have received their first Holy Communion are to receive Holy Communion during the Easter Season.
- The determination of these days of obligatory penance, as listed above, should not be understood as limiting the occasions for Christian penance. This penance is to help us see and shorten the distance between our present lives and the life God wants for each of us. “Penance should not be only internal and individual but external and social.” (Constitution on the Sacred Liturgy #110)
- Marriages may be celebrated with Mass and the nuptial blessing should always be given. It is however, contrary to the spirit of penance during Lent to plan an elaborate wedding with lavish decorations.

Readings This Sunday

Reading I: Genesis 2: 7-9, 3: 1-7

Reading II: Romans 5: 12-19

Gospel: Matthew 4: 1-11

Readings For Next Sunday

Reading I: Genesis 12: 1-4a

Reading II: 2 Timothy 1: 8b-10

Gospel: Matthew 17: 1-9

Finance / Stewardship Collection: The plate last weekend was **\$2,585**. Next weekend the Second Collection is for Building & Maintenance.

Scripture Study; In memory of Fr. Eric Freed;

Scripture lectures on *The Messianic Prophecies* will be presented on Sundays March 8th, 15th and 29th in the Pinochi Room at St. Bernard Church. Lectures are from 11:45 to 1:15. Study Guide and coffee is provided. Detail flyers will be available at St. Bernard, St. Joseph and Sacred Heart churches.

Eureka Holy Mass Intentions

Saturday 29

4:00 pm SJ No Intention †

Sunday 01

7:30 am SJ Marie Justin

9:00 am SH Mass for the People

10:30 am SB Thanksgiving

12:15 pm SH CERS (Sp)

4:30 pm SH No Intention

Monday 02

12:15 pm SB Hugo Pompati & Family †

Tuesday 03

7:30 am SJ Darrell Keating †

11:30 am SJH No Intention

Wednesday 04

12:15 pm SB All Souls

7:00 pm SH For the healing & support of the victims of clergy sexual abuse. (Sp)

Thursdays 05

7:30 am SJ Maryellen Hadley †

11:30 am SJH Mildred & Edwin Ruess †

Friday 06 Stations of the Cross:

After 12:15 pm Mass

12:15 pm SB Basil Mainus Int.

5:30 pm SB **First Friday Devotion**
1) Rosary) 2) Confession,
3) Mass, & 4) Holy Hour

Saturday 07

8:30 am SH 1st Sat. Marian Devotion
Stella Reyes Int.

4:00 pm SJ Mary Gierek Hoffman †

Sunday 08

7:30 am SJ Kevin Dellalbalma †

9:00 am SH No Intention

10:30 am SB Mass for the People

12:15 pm SH No Intention. (Sp)

4:30 pm SH No Intention

Please pray for : Basil & Santos Mainus, Harold Giacomini, Chet Branum, Florence, Tommy McCollister, Mary Grinsell, Fran Hill, Isela Adams, Lindy Timmerman, Mary James, Dave Silverbrand, John Bertain, Denise Sledge, James Iron Shell, James Lemon, Wm. Hahn Family, Rose Ann Hurst, Armado De Los Santos, Judy Mill, Julia Walters, Connie Mather, Steve Mill, Ryan Pepper, Fred Pepper, Paul Shabata & Family.

**Next Sunday, March 8th
Daylight Saving Time Begins!
Set your clocks forward one
hour.**



ST. PATRICK'S DAY CELEBRATION

St. Bernard Parish Hall Saturday, March 14th 5:00 pm Doors open & drinks available for sale

6:00pm Dinner Served Dinner:

Corned beef and cabbage,

Irish soda bread –

Entertainment: Lindy

Mantova, music and dancing plus more Auction, raffles, No Host Bar – Pot O' Green Raffle for \$1000

grand prize! Tickets: \$20 Adults and \$10 Children

under 12 (available at St. Bernard and Sacred Heart

Church offices, from any Knight, after Masses or at the door)



40 Days For Life Starts Feb 26th -Come

Volunteer You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion Feb.26th-April 5! Through prayer and fasting, peaceful vigils and community outreach, 40 Days For Life has inspired 1,000,000 volunteers! Here's how to take part in 40 Days For Life in our community:

Vigil location is at the Corner of Walford Ave. & Wilson St. near Planned Parenthood. **Vigil hours** are 7am to 7pm daily. **Local contact** is Stephenie Goodwin at 707-498-7758 or

40daysforlife.eureka@gmail.com. To learn more please visit: 40daysforlife.com/Humboldt

This Sunday Annual Ministry Appeal 2020 - One Family In Mission

The AMA provides valuable funding for key Diocesan ministry offices as they work to support our parishes and schools. In some cases these ministries provide direct ministry that no one parish could accomplish alone(i.e. Restorative Justice and Tribunal) Some other ministries funded in part by AMA are: Campus Newman Centers, Child and Youth Protection, Clergy Formation, Communication, Catholic Schools, Diaconate and Diaconate Formation, Ecumenical and interreligious Affairs, Hispanic Ministry, Marian Sisters of Santa Rosa, Marriage and Family, Native American Ministry, Religious Education, Respect life, Seminarians, Vocations and Youth Camps.

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For God so loved the world that He gave His only Son, so that everyone who believes in Him might not perish but might have eternal life....
John 3:16
American Bible



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Envelopes: Yes _____ No _____
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